

ICAP Instructions:

An Individual Career & Academic Plan (ICAP) helps students build a four year academic plan that includes all classes necessary to meet graduation requirements and explore post high school plans. In addition to outlining a plan for classes for all four years of high school, the ICAP also prompts students to think about short and long term goals tied to academics and career planning.

To access your ICAP, join the PCH Class of 2029 Google Classroom. Once you open the Google Classroom App enter the join code: **hsjejh6**. You will also receive an email invitation to join the Google Classroom by January 16th. Once you have joined the class you will see an assignment waiting for you: Digital ICAP. Open the Digital ICAP and select/enter the courses you plan to take at PCH.

Your ICAP is a document that will be reviewed and adjusted throughout high school. The goal of completing the ICAP is to have students be thoughtful about the classes they plan to take and how they support future goals/plans. Students do not need to feel committed to what they outline in the plan as it can be changed just as interests and plans change over time. Some students will feel excited about outlining all four years and others may not feel ready. We ask that you complete your plans for your 9th grade year and then do as much as you are able for the grades that follow.

Individual Career & Academic Plan (ICAP)									
	9TH		10TH		11TH		12TH		NOTES
	SEM1	SEM2	SEM1	SEM2	SEM1	SEM2	SEM1	SEM2	
ENGLISH									Need 4 credits
SOCIAL STUDIES									Need 3 credits, including 1 credit of US, 1 of World, and 0.5 Govt
MATH									Need 3 credits (most colleges require 4)
SCIENCE									Need 3 credits, including 1 biological and 1 physical science
PE/Health/ Pers Finance/ Other Electives	Physical Fitness Concepts		Health	Personal Finance	PE Elective				#Electives/Other courses must include: - 1 credit of Career & Tech Ed - 1 credit of Fine Arts
ELECTIVES# or Additional Cores									
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OPTIONAL additional credits (middle school/summer/ virtual/recovery)									World Language courses (if taken) fall under Electives/Other. Although not a graduation requirement, many colleges require 2-4 years.
Short term academic goal for the upcoming school year:					<div>POST-SECONDARY PLANS</div> <div>I am currently interested in the following path after high school:</div> <div></div>				
Long term education/career goal:					Dream College (optional)		Dream Job (optional)		

Once you have completed the digital ICAP, print a copy to turn in and be sure to click the "Submit" button before exiting. **ICAPs should be completed by February 3rd.**